



Hair Removal - Hyperpigmentation - Skin Revitalization - Melasma - Scars  
Vascular Lesions - Stretch Marks

#### PRE & POST CARE INSTRUCTIONS

##### **Before** procedure:

1. If possible please do not wear makeup to your treatment.
2. Avoid any irritants to your skin, such as any products containing Retin-A, Retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C, for two weeks before your treatment.
3. Do not wax, tweeze, or use any hair removal creams on treatment area for four weeks prior to your treatment.
4. Avoid sun exposure four weeks prior/post to the treatment. Use daily sunscreen with an SPF of at least 30, preferably with infrared protection. This is vital to maintain your improved skin.
5. Antibiotics and Corticosteroids should not be used two weeks prior to your treatment. Please advise us beforehand of any medications you are taking.

##### **After** procedure:

1. Avoid sun exposure and tanning beds to treated areas (we recommend this indefinitely). Use daily sunscreen with an SPF of at least 30, preferably with infrared protection. This is vital to maintain your improved skin.
2. Avoid any irritants to your skin, such as any products/scrubs containing Retin-A, Retinol, benzoyl peroxide, glycolic/salicylic Acids, astringents, or Vitamin C, for two weeks after your treatment. Only use gentle cleansers.

3. Do not wax, tweeze or use any hair removal creams on treatment area during the treatments.
4. No exercise for 48 hrs.
5. No makeup for 24 hrs.
6. No hot baths, whirlpools, or saunas for 48 hrs.
7. No scratching or picking of skin.
8. Do not have another treatment until your Laser Technician advises you to do so.

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Client's Name

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Client's Signature